



Way of the Eagle

by Rhoda Collins

Speak Life, Not Death

What does it mean to speak life?

It means to say positive words of blessings, love and encouragement. Words of what you would want for yourself and others and what you would want other people to speak over you!

What does it mean to speak death?

Did you know when you speak negative words in emotions of anger, disappointment, depression, habit, etc., that it has a great negative spiritual and physical effect upon yourself and others? You attract evil!

The Bible says in **Proverbs 18: 20-21**, “A man's [moral] self shall be filled with the fruit of his mouth; and with the consequence of his words he must be satisfied [whether good or evil]. Death and life are in the power of the tongue, and they who indulge in it shall eat the fruit of it [for death or life].”

We must realize and understand the power carried by our thoughts and words. They're so powerful that they can bring either blessings or curses into our lives, depending on their nature. Our thoughts and words are like the rudder of a ship—they may seem small, but they affect the very direction of our lives!

You need to change your ways and stop talking negatively and begin to talk and think positively.

For example, a person says, “Oh, I'll always have high blood pressure” or “My parents died young of cancer so I probably will too” or “My kids are just stupid, they'll never amount to anything.” Or someone hears a rumour that the company they work for is going to lay off some employees, so they think or say, “That's the story of my life. Every time things start to go well, something always happens”. Then they say, “I'll probably lose my job again.” These types of negative statements open the door for the kingdom of darkness to work in our life.

We need to discipline ourselves to be positive!

When we react negatively, we allow fear to take over our thinking. We begin to dwell on things that haven't happened and may not happen. Our negative thoughts cause us to speak the words that'll shape our future.

We're constantly tempted to think wrong thoughts, but we don't have to accept them! We have a choice! We need to purposely choose right thinking and speaking. In the Bible, **Proverbs 18:21** says, **Death and life are in the power of the tongue**. We must choose life generating thoughts. When we do, positive, powerful, life-giving words will naturally follow.

Some people try to control their mouths but do nothing about their thoughts. That's like pulling off the top of a weed—unless the root is dug up, the weed always comes back. You'll never control your mouth unless you first learn to control your mind.



Make a confession list. Speak forth in accordance with the Word of God and see the changes that happen in your life. Don't let the devil use your mind and mouth by meditating on negative stuff. Make a list based on the Word of God and confess them every day.

Start declaring such positive decrees as:

I am a new creature in Christ: old things have passed away, behold all things are become new.
2 Corinthians 5:17

My light shall break forth like the morning, and my healing shall spring forth speedily. **Isaiah 58:8**

I have died and been raised with Christ and am now seated in heavenly places. **Ephesians 2:5-6**

I am dead to sin and alive to righteousness. **Romans 6:11**

I have been set free. I am free to love and worship God, to trust with no fear of rejection or of being hurt. **John 8: 36, Romans 8:1** I know God's voice and I always obey what He tells me. **John 10:3-5, 14-16, 27**

The love of God has been poured out in my heart by the Holy Spirit. **Romans 5:5**

I have a teachable spirit. **2 Timothy 2:24**

The Lord forgives all my sins and heals all my diseases. **Psalms 103:3** I shall not die but live, and shall declare the works and recount the illustrious acts of the Lord. **Psalms 118:17**

I will listen closely to God's Words. I will not let them out of my sight- I will keep them within my heart; for they are life to me and health to my whole body. **Proverbs 4:20-22**

Heal me oh Lord and I shall be healed; save me and I shall be saved for You are my praise. **Jeremiah 17:14** The Lord has declared that He will restore me to health and heal my wounds. **Jeremiah 30:17**

But He was pierced for our transgressions, He was crushed for my iniquities; the punishment that brought me peace was on Him, and by His wounds I am healed. **Isaiah 53:3** The will of the Lord for me is: that I may enjoy life and good health that may go well with me, even as my soul prospers. **3 John 2**

I cast all my cares on the Lord for He cares for me. **1 Peter 5:7** I don't have a spirit of fear but of power, and of love and of a sound mind. **2 Timothy 1: 7** I don't give the devil a foothold in my life. I resist the devil, and he has to flee from me. **Ephesians 4: 27**

As a man thinks in his heart so is he. Therefore, all of my thoughts are positive. I don't allow the devil to use my spirit as a garbage dump by meditating on negative things that he offers me. **Proverbs 23: 7**

I am very prosperous. I prosper in everything I put my hands to. I have prosperity in every area of my life, spiritual, financial, mental and social. **Genesis 39: 3; 3 John 2**

Confess those things every day and you will see things happen in your life. Declare specifics in your life everyday such as, "I have blood pressure of 120 over 80" or "My life is prosperous"! God wants to bless your life but he can't do it if you are negative. You must give Him the material for him to work with. We confess those scriptures by faith.

I will close with a powerful scripture from **Hebrews 4: 12**, "For the Word that God speaks is alive and full of power [making it active, operative, energizing, and effective]; it is sharper than any two-edged sword, penetrating to the dividing line of the breath of life (soul) and [the immortal] spirit, and of joints and marrow [of the deepest parts of our nature], exposing and sifting and analyzing and judging the very thoughts and purposes of the heart".

Believe when you speak and prophesy over your life, just like the Word says in **Isaiah 55: 11**, "So shall My word be that goes forth out of My mouth: it shall not return to Me void [without producing any effect, useless], but it shall accomplish that which I please and purpose, and it shall prosper in the thing for which I sent it."

**Are your thoughts and words
creating life or causing death?**