



# Way of the Eagle

by Rhoda Collins

## What Is A Wounded Heart?

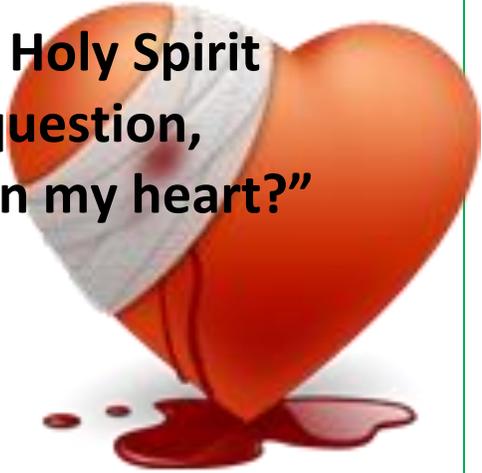
**W**hat is a wounded heart?

A healed heart is one full of hope, faith and love. The language of the healed heart is: pictures, visions, operating in the spirit & the Word of God.

A wounded heart is a sorrowful, depressed or angry spirit, discouraged, forsaken, a grieved or enraged spirit, a hardened, doubting or defiled spirit.

Other wounds in the spirit are: touchy spirit, fear, rejection, blaming, jealousy, hate, bitterness, critical. In another words when I am looking for wounds in my heart I am finding traits and negative emotions that don't line up with faith, hope and love. The language of the wounded heart is blocked spiritual communication and gifts from God and indifference or anger toward the things of God.

**Ask the Holy Spirit  
this question,  
"What is in my heart?"**



God has a better idea than you do what needs to be healed first in your heart. He will guide you to your healing!

To bring us into some knowledge of what is currently operating within our hearts are positive and negative spiritual forces/energy.

The Bible talks about 3 powers that we have access to:

1. Exousia which means right or prerogative—you have the right to cast demons out.
2. Dunamis means you have the might in the name of Jesus to cast demons out.
3. Inergus means active energy.

An example of inergus is in **Ephesians 2:2** where there was a time in our lives when we lived according to the prince of the air; the spirit that is working within the children of disobedience which would be in us before we got saved.

**"In which at one time you walked [habitually]. You were following the course and fashion of this world [were under the sway of the tendency of this present age], following the prince of the power of the air. [You were obedient to and under the control of] the [demon] spirit that still constantly works in the sons of disobedience [the careless, the rebellious, and the unbelieving, who go against the purposes of God]." Amplified**

This phrase, **"constantly works"**, in this scripture is a form of a Greek word inergus which means the indwelling of the evil spirit was "energizing" the believer.

Before we got saved, evil spirits were pushing us to sin and to physical and spiritual death. Using a picture of what I mean, consider ourselves like being hollow on the inside, as like a vessel that contains something or someone. Before we got saved we contained darkness, now that we are saved we contain the Light/Holy Spirit. Besides the Holy Spirit, there is our own spirit and perhaps some evil spirits residing in us and going in and out also, making our bodies a busy and very well inhabited place!

Although as Christians we have salvation, evil forces still **“constantly works”** (hunts, entices, traps, tricks) us to get us to either deliberately or in ignorance wound our hearts and/or get us to turn on/lose our salvation (salvation is not unconditional).

A negative event/trauma can trigger an evil spirit to push you to doubt, anger, rage, suicide, murder. What do you think is feeding/working your negative emotions/thoughts/desires? You’re alive with something evil/negative in you. Soul ties with another person can allow evil spirit access to you also. Break these ties. (See AI’s eBook for details). Also negative/anti-Gospel beliefs can alter your personality/wound your heart. Replace them with positive Godly beliefs. Along with every ungodly belief there are also vows we’ve made that we need to break (The American pledge of allegiance is an example of a vow). I had to break the pledge of allegiance to communism that I had to daily make in school as a child growing up in Eastern Europe.

I was talking with Mark Virkler the other day about healing and I’d like to share his teachings that I’ve found to be very effective. One way that God works to set us free is by giving us divine pictures/visions/xtasies. A memory picture of a traumatic experience can produce emotions/thoughts of perhaps rage within us. We can replace these negative pictures with divine pictures/memories. We can ask Jesus to walk through the scene with us spiritually (xtasy, mending soul cracks... see eBook) so when our mind looks at the scene again, Jesus is now in it. This works effectively to replace malice, bitterness, and depression with love, hope, peace, joy, faith and excitement!

Here’s a testimony of an inner healing of a wounded heart. *“The counsellor said, “Go back to the memory scene where this person hurt you” and he asked, “Do you see Jesus?” I said, “Yes He’s in the corner”. He asked, “What is He doing now?” I said, “He took the place of the person who hurt me and says, “This person has no power to hurt you any more, I love you, I accept you, I will never reject you, I Am”. The counsellor said, “Thank You Lord for this confirmation. Then he asked, “What is Jesus doing now?” I said, “He’s pouring oil over my head, massaging my head and He says, “No more strongholds, no more negative thoughts. You are healed”. The counsellor said, “Thank You Lord for healing and for setting her free””.* Jesus can heal your heart just like the scripture says in **Isaiah 6: 1-3, “The Spirit of the Lord God is upon me, because the Lord has anointed and qualified me to preach the Gospel of good tidings to the meek, the poor, and afflicted; He has sent me to bind up and heal the broken-hearted, to proclaim liberty to the [physical and spiritual] captives and the opening of the prison and of the eyes to those who are bound, To proclaim the acceptable year of the Lord [the year of His favor] and the day of vengeance of our God, to comfort all who mourn, To grant [consolation and joy] to those who mourn in Zion—to give them an ornament (a garland or diadem) of beauty instead of ashes, the oil of joy instead of mourning, the garment [expressive] of praise instead of a heavy, burdened, and failing spirit—that they may be called oaks of righteousness [lofty, strong, and magnificent, distinguished for uprightness, justice, and right standing with God], the planting of the Lord, that He may be glorified”.**

We must also willingly choose against a heart full of anger, bitterness, resentment and unforgiveness to avoid releasing toxic poison into our hearts that wound it and can make us physically and spiritually sick. Diseases such as arthritis, cancer, ulcers, and body pains (i.e. back, stomach, neck) are fruits of these roots/wounds in the heart.

Try this also, “Holy Spirit, thank you that You live within me. I thank You that Your love flows within me. I just release Your love through me (to that person) right now”. That’s applying the law of the spirit of life in Christ Jesus, realizing that there is spirit life within me calling forth and releasing that through me. Read **Romans 7: 12-25**.

In conclusion, meditate on God’s Word and operate in the spirit to obtain God’s knowledge and guidance. The Holy Spirit and Jesus assist you through the healing of your heart. More detail on how to work with the Holy Spirit and mending cracks in the soul is in Sector 20 POW’s of the eBook. You can study the Bible but when you involve spiritual meditation on it and the Holy Spirit takes you in the spiritual realm, the “God-remedy” for your wounded heart can take place. When you rationalize the Bible or use formulas such as “healing codes” or “ingredients” from a self-help book for a healing, you’re using the human reasoning capacity of your/someone’s mind to say, “I’m going to think or “work” this through”. This activity may sound innocent but it’s bordering on idol worship and witchcraft! Don’t do it!

**Ask God for His guidance and specific remedy to heal your wounded heart!**