



# Way of the Eagle

by Rhoda Collins

## DOUBT AND UNBELIEF

**M**any people have a defeated attitude in life but God wants us to have a hopeful undefeated attitude; finishing our course with joy, while not giving up.

So how do you defeat doubt and unbelief?

In **James 1:5** James tells us when we have trials and tribulations, we go to God and ask for wisdom.

**“If any of you lacks wisdom [to guide him through a decision or circumstance], he is to ask of God, who gives to everyone generously and without rebuke or blame, and it will be given to him.”**

God will help us and guide us without reproach or faultfinding, which means even when we’ve gotten ourselves in a mess (our fault), God will still help us. But we must ask in faith with no wavering, hesitating and no doubting.

In **verse 6-8 James** says that we must ask in faith: **“But he must ask [for wisdom] in faith, without doubting [God’s willingness to help], for the one who doubts is like a billowing surge of the sea that is blown about and tossed by the wind. For such a person ought not to think or expect that he will receive anything [at all] from the Lord, being a double minded man,unstable and restless in all his ways [in everything he thinks, feels, or decides].”**

LORD I  
**BELIEVE**  
HELP MY UNBELIEF

MARK 9:24

When we ask God for something in our life we must be steadfast about it, and not be changing our mind all the time. Doubt interrupts faith; this is how satan works. Sometimes we believe that God will do something for somebody else but we have a hard time he will do it for us.

Many believe that God’s only will do for us, based on our works. God works through faith, not your perfection. God wants us to have an expectant attitude in our life that He will do what He promised. This is what we need to say to ourselves every day” Something good is going to happen to me today and I can hardly wait to see what God is going to do in my life today”.

Especially we need to declare such statements when the enemy is trying to flood our minds with doubt. Don’t let the devil use your mind as a garbage dump.

In **Mathew 15: 38** Jesus could not do miracles, signs and wonders in his home town because of their unbelief.

In **Hebrews 3:19** some people have this thinking: “I just can’t help it; I want to believe but I have doubt”. This is not true and if we keep making this excuse we will never get on the other side of doubt and unbelief.

Hebrews says that they were unwilling to believe:

**”So we see that they were not able to enter [into His rest—the promised land] because of unbelief and an unwillingness to trust in God.”.**

The number one reason why people don’t want to believe is because they don’t want to change their lifestyle.

Another reason why people don't want to trust in God is that they're impatient and so they don't want to wait for God to work in their lives. People would rather just take matter into their own hands because of pride and self will. Many Christians also think they're doing God's will when they move through life and ministry, when their actions amount to self-will and self-desire, under the reasoning that, "What I'm doing is good. What I'm doing is important. What I'm doing is helpful." This kind of life and ministry is full of doubt and unbelief in God!

A lot of secular people believe that Christianity is just a crutch for wimpy people and God's Word is just a bunch of baloney, but committed Christians that follow Father's perfect will for them every day in their lives, knows what it takes to be a victorious Christian. You cannot be wimpy and live in victory in this world today. For instance, it takes a lot of faith and courage to forgive people who hurt you and mistreat you, especially when they say they're Christian.

A lot of people have problems with doubt and unbelief simply because, they don't want to take the time to develop their faith and walk with God.

When we practice faith, no matter what's happening in our life, we enter the rest of God.

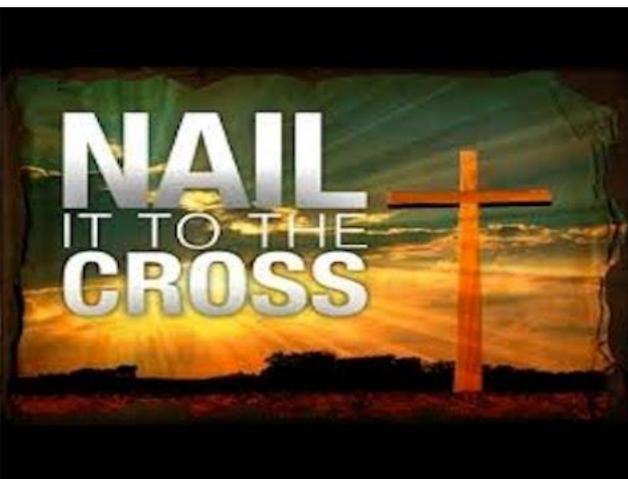
**"Therefore, since a promise remains of entering His rest, let us fear lest any of you seem to have come short of it. For indeed the gospel was preached to us as well as to them; but the word which they heard did not profit them, not being mixed with faith in those who heard it. For we who have believed do enter that rest," Hebrews 4: 1-3**

When you enter the rest of God, no matter what kind of problem you have you're not to worry about it; you're not trying to figure it out; you know God is in control; you know He's working on it; you don't know what He's going to do or when is going to do it, because you cast your care on Him. You leave your life in His hands. Surrendered to Him. Anything less, is doubt and unbelief in God.

Faith is a real, existing substance. So is doubt and unbelief. Faith moves mountains. Doubt and unbelief are failures.

Faith grabs the promise of God with our heart, even when satan pounds our minds with doubt and unbelief. We must understand that the devil is a liar and that our mind is the battlefield. We can't believe everything that falls into your head. We must take the enemy's thoughts captive and tear them down. We must stand on our faith and belief in God, as He won't fail us.

We need to live deeper lives; deeper than what we think, feel and see. We are a spirit in a physical body. We need to learn to operate with our spiritual senses, what God's sees; what He says to us; what He shows us; and what the Word of God says.



This is how you enter the rest of God and defeat doubt and unbelief. Very few Christians enter the rest of God and live in it. Rest is not lying down; it's letting God be the God in your life; relying on Him; knowing in your heart and mind that He will take care of all things in your life, even when it doesn't look like He's doing anything or during times when it looks (in the physical) like situations are getting worse. Resist the temptation to "help God fix it"!

**"Come to Me, all who are weary and heavily burdened [by religious rituals that provide no peace], and I will give you rest [refreshing your souls with salvation]. Matthew 11:28**